



Peter's Patch
Forest School - Day Care - After School Club

Toilet Training Policy

At Peter's Patch we work along with parents, so their child feels comfortable when learning to use the toilet as we know it is a big concern. We are only too happy to help if you are thinking the time is right to try. You know your child best so when you feel they are ready we advise that, if possible, you keep them off a week while you and your child navigate this process.

Talk about it so they know what is happening and what to expect. Be Patient and Calm: Accidents happen, so stay calm and avoid making a big fuss. Encourage Independence: Let your child participate in the process as much as possible, such as pulling down their pants and washing their hands. Use Rewards: Consider using a reward system, such as stickers or small treats, to motivate your child.



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Address Fears: If your child is afraid of the toilet or flushing, address their concerns and make the experience as comfortable as possible. **Follow Through:** Be consistent with your toilet training routine and expectations. **Don't Force It:** If your child isn't ready or is resisting, take a break and try again later. It is good to build a routine of understanding that having "accidents" is part of the learning process so be prepared with plenty of changes of clothes. Upon return, please send plenty of changes of clothes. We will continue to encourage your child by regularly reminding them during the day and praising them for trying.

You can find helpful information on this website
<https://www.nhs.uk/baby/babys-development/potty-training-and-bedwetting/how-to-potty-train/>

If you have any concerns, we are here to help you.