



Peter's Patch
Forest School - Day Care - After School Club

Allergy Policy

At Peter's Patch Day Nursery, we understand that children can have allergies which may cause allergic reactions. These can vary in severity and may require immediate medical treatment. As a nursery we will aim to minimise the risk of a child encountering their allergen and, should this occur, we will aim to ensure that all staff are fully aware of how to support a child who may be having an allergic reaction. We will aim to do this by ensuring:

Staff are made aware of the signs and symptoms of a possible allergic reaction in case of an unknown or first reaction in a child. These may include a rash or hives, nausea, stomach pain, diarrhoea, itchy skin, runny eyes, shortness of breath, chest pain, swelling of the mouth or tongue, swelling to the airways to the lungs, wheezing and anaphylaxis

Information will be passed on by parents through the registration form regarding allergies and symptoms of an allergic reaction. This information must be shared with all staff working in the nursery and recorded on the child's My Nursery Pal account.

An allergy register will be kept in the managers office, kitchen and the individual rooms of the children concerned.



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An allergy risk assessment must be carried out each time a new allergy joins the nursery and the results shared with the staff.

All food prepared for a child with a specific allergy will be prepared in an area where there is no chance of contamination and served with/on equipment that has not been in contact with this specific food type. Food for children's allergies will be prepped first, covered securely and labelled with the name of the child it is intended for. Only this food may be consumed by the child in question. All other food will be covered before leaving the kitchen to avoid cross-contamination. Any food being brought to nursery by parents or children must be checked for allergens before it is served to the children. Parents should be advised of what to avoid before they bring goods in.

If a child has an allergic reaction to food, a bee sting, plant etc. a trained first aider will act quickly and administer the appropriate treatment. Parents must be informed, and it must be recorded on an accident form. Staff must ensure that parents have given permission for allergy medicine to be administered before giving it.



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If the allergy requires specialist treatment e.g. an EpiPen, then at least two members of staff working directly with the child and the manager must receive specific medical training to be able to administer the treatment correctly.

A sick child above all else needs their family and so every effort should be made to contact a family member asap.

If the allergic reaction is severe a member of staff will summon an ambulance immediately. We will not transport the child in our own or nursery vehicles. Whilst waiting for the ambulance we will contact the parents and arrange to meet them at the hospital. A senior staff member will accompany the child to the hospital where the parent will meet us. They will bring the child's registration form, relevant medication and any comforters needed.

All incidents will be recorded, shared and signed by parents at the earliest convenience.