

Intimate Care Policy.

The Intimate Care Policy and Guidelines regarding children have been developed to safeguard children and staff. They apply to everyone involved in the intimate care of children.

Staff follow the correct procedures in order to maximise their protection and minimise the risks involved.

We ensure that staff are provided with the equipment including PPE, necessary to provide intimate care in a safe manner. Taking all reasonable steps to minimise risk. PPE will be worn during nappy changes and disposed of in the nappy bin.

Staff should dispose of contaminated waste by putting them in a double bag and then into the sealed bins provided.

A staff member should never be behind a closed door with a child. All doors must remain open whilst protecting the child's dignity at the same time.

Increased cleaning is carried out within toilet blocks and nappy changing rooms, adhering to guidance on cleaning of non-healthcare settings. Flexible timetables are used for toileting with children visiting the toilet one after the other.

Toileting, Potty Procedures and Routines:

- Child indicates to staff member when he / she needs to use the toilet or potty.
- Staff member will stand at the door and assist if / when required.
- Staff member will encourage good hygiene, flushing toilet and washing hands. Soap is in hand dispensers on the wall above the sink.
- Potties will be washed immediately with anti-bacterial spray.
- Staff member will always wash hands when assisting a child with toileting.
- Children will be treated with respect and dignity, regardless of gender, race or religion.

Peter's Patch Nappy Changing Routine:

- Wash hands and gather child's nappy, wipes appropriate cream.
- Only use child's own nappies, wipes and creams
- Put on disposable gloves and apron
- Place child on nappy changing mat
- Change the nappy wiping from front to back and taking into consideration to take your time, never hurry nappy changes and ensure to be calm and gentle when wiping
- Soiled children should be wiped away from children's genitals
- Use a different wipe for genital area - this will avoid infection
- Remember to always talk to the child while changing their nappy
- Put nappy, disposable gloves and apron in the dispenser (if soiled, DOUBLE BAG)
- Place child back on the floor
- Wash child's hands as well as your own, this is important preparation for good personal hygiene in the future and should be seen as part of the nappy changing routine

SPRAY MAT WITH ANTI BACTERIAL SPRAY AFTER EVERY CHANGE - THIS IS VITAL TO REDUCE CROSS INFECTION

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*Intimate Care Plans have been reviewed in light of COVID-19 in order to ensure they follow the best possible guidance, they give advice on appropriate PPE, eg. gloves, aprons, masks, shields, how to follow social distancing measures and spraying changing mats with anti-bacterial spray after every use.

Update: 03/2025